

CHAMPIONNAT DE LA F.L.S. ET DE LA LASEL A ADELBODEN - 15 JANVIER 2017

COMMISSION NORDIQUE

RESULTATS COURSE CLASSIQUE - COURTE DISTANCE

Distance 3.5 km (1 tour)					Temps	Ecart							
1	FRANK Sam	2002	U16	1 ^{er} Lux	00:23:30								
Distance 7 km (2 tours)					Temps	Ecart	Intermédiaire 1	1er tour	2e tour				
1	MANIORA Loïc	2000	U18	1 ^{er} Lux	00:29:38		00:14:24	00:14:24	00:15:14				
1	WINBOMONT Claire	1999	U18	1 ^{ère} Lux	00:45:12		00:22:06	00:22:06	00:23:06				
Dames et Junior 10.5 km (3 tours)					Temps	Ecart	Intermédiaire 1	Intermédiaire 2	1er tour	2e tour	3e tour		
1	TOIVONEN Eeva-Liisa	Championne Nationale			00:46:06		00:15:06	00:30:45	00:15:06	00:15:39	00:15:21		
2	ZIMMER Jeanny	2e Lux			00:59:55	00:13:49	00:20:15	00:39:52	00:20:15	00:19:37	00:20:03		
3	WOHL Nicole	3e Lux			01:02:03	00:15:57	00:20:04	00:41:06	00:20:04	00:21:02	00:20:57		
4	SCHMITT Martine				01:03:44	00:17:38	00:21:02	00:42:29	00:21:02	00:21:27	00:21:15		
1	FLESCH Anouk	Championne Nationale Junior			00:57:39		00:18:39	00:38:30	00:18:39	00:19:51	00:19:09		
Seniors et Junior 14 km (4 tours)					Temps	Ecart	Intermédiaire 1	Intermédiaire 2	Intermédiaire 3	1er tour	2e tour	3e tour	4e tour
1	WEIS Eric	Champion National			00:51:54		00:12:36	00:25:35	00:39:19	00:12:36	00:12:59	00:13:44	00:12:35
2	FLESCH Pol	2e Lux			00:52:02	00:00:08	00:12:36	00:25:34	00:39:20	00:12:36	00:12:58	00:13:46	00:12:42
3	MANIORA Yonel				00:55:54	00:04:00	00:13:30	00:27:46	00:41:38	00:13:30	00:14:16	00:13:52	00:14:16
4	LEYDER Jean	3e Lux			00:56:14	00:04:20	00:13:28	00:27:45	00:41:57	00:13:28	00:14:17	00:14:12	00:14:17
5	WINBOMONT Dany				00:57:25	00:05:31	00:13:29	00:28:01	00:42:43	00:13:29	00:14:32	00:14:42	00:14:42
6	FLESCH Christian				01:02:03	00:10:09	00:14:40	00:30:28	00:45:52	00:14:40	00:15:48	00:15:24	00:16:11
7	ZAJAC Michal				01:04:40	00:12:46	00:14:58	00:31:11	00:48:02	00:14:58	00:16:13	00:16:51	00:16:38
8	REUTER Emile				01:10:49	00:18:55	00:17:12	00:35:22	00:53:16	00:17:12	00:18:10	00:17:54	00:17:33
9	KOSMALA Herbert				DNF		00:20:16	00:40:36	01:01:27	00:20:16	00:20:20	00:20:51	
1	FRANK Ben	Champion National Junior			01:05:54		00:14:54	00:32:03	00:48:49	00:14:54	00:17:09	00:16:46	00:17:05

